

# Recovery Garden Day



Grassroots  
Gardens  
of Buffalo

**Saturday, April 10th, 8am-10am  
Buffalo Museum of Science**

Registration begins at 8:00am

Workshop Session 1 8:30am-9:10am

Workshop Session 2 9:20am-10:00am

Please complete your registration form and return it to Urban Roots or Grassroots Gardens of Buffalo by Wednesday, April 7<sup>th</sup>. Forms can be mailed or emailed and phone registrations will be accepted.

Recovery Garden Day offers Buffalo gardeners an opportunity to participate in workshops focused on community gardening and growing food on urban land as well as the chance to connect with other gardeners to discuss issues related to these topics. Information on community organizations dedicated to gardening, local food, and the environment will provide additional information and resources.

Each attendee will be able to attend two of the four workshops offered. Please number the workshops 1-4 with your first choice being #1, etc. We will do our best to accommodate choices, but cannot guarantee selections. Workshops will be assigned on a first come first serve basis so **REGISTER TODAY!!!**

**Workshop A -Extending the Season-Learn how to garden through all four seasons**

**Workshop B - Eating Healthy on a Budget-Tips on growing your own and eating locally**

**Workshop C -Community Gardening in Buffalo-Learn from experienced community gardeners**

**Workshop D -Maximize your Garden Space-Techniques to grow more vegetables in a small space**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email address: \_\_\_\_\_

**Ways to return your registration form:**

**Mail: Urban Roots**, 428 Rhode Island Street, Buffalo, NY 14213 or

**Grassroots Gardens of Buffalo**, PO Box 351 Buffalo, NY 14201

**Call: UR** at 362-8982 or **GRG** 851-4647 ext 3

**Fax: UR** at 362-8981

**Email: UR** at [workshops.urbanroots@gmail.com](mailto:workshops.urbanroots@gmail.com) or **GRG** [grgbuffalo@hotmail.com](mailto:grgbuffalo@hotmail.com)

